

What to Bring

- Hat
- Loose comfortable clothing
- Warm sweatshirt or pullover
- Warm socks
- Walking shoes
- Swimmers

What not to bring

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- Blankets or any linen (if you have a favourite pillow then by all means bring it)
- Tight clothing
- City shoes
- Yoga mats or any props
- Mobile phone or computers
- Electrical appliances ie hair dryers, recharging devices, cassette players (unless on batteries). We run on solar power and electricity is scarce.
- Food

Meeting Place

- We meet you at 9:30am. You need to **leave** Sydney at **6am** latest.
- We are approximately a 3.5 hour drive from Sydney or 2.5 hours from Canberra. (If you are coming from Braidwood / Canberra direction please ask for more details). The pick up point is 15 minutes drive from Milton.
- From Sydney, follow the bitumen road to Pigeon House Mountain from Milton, by going through Milton and turning right at the Rainbow Pie Shop at the set of lights noticing the signage to Pigeon House Mountain.
- Go past the fire station (right side), past wheelbarrow road (left side) and then another 3km or so. About 16 km from Milton.
- Meet at the corner of Woodburn and Clyde Ridge Roads (turn off to Pigeon House Mountain, also school bus stop, as well as a property with white cockatoos on the fence).
- This is the end of the bitumen road and the beginning of the gravel road. This is about 16km from Milton. The road from here does require 4 wheel drive only including a wet river crossing.

